## February 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Super Bowl XLIX	2	3	4	5	6	7
XU-IX	Waffles w/Chicken	English Muffins	Cereal and Fruit	Croissants, Chicken	Grits, Bacon, Eggs and	Cereal and Fruit
	Sausage and Fruit	w/Turkey Bacon, Eggs &	Ham Sandwich w/Chips	Sausage and Fruit	Fruit	
Pulled Pork Sliders	Grilled Cheese & Fruit	Fruit	Blackened Salmon	Chicken Quesadilla	Pizza and Celery Sticks	Kids Choice
w/Chipotle	Chicken Pot Pie	Crispy Chicken Tenders,	Cesar Salad	Spaghetti Bolognese	w/Ranch	
Coleslaw		Tortilla Chips and Fruit			Lemon-Thyme Chicken	Takeout
Weekend Wings		Stir-Fried Beef w/Sweet				
Classic Potato Skins		Peppers				
8	9	10	11	12	13	14
Banana-Nut	Croissants w/Turkey	Oatmeal and Fruit	Toast w/Chicken	Bran Muffins w/Fruit	French Toast Sticks	Нарру
Pancakes	Bacon and Fruit	Baked Chicken Tenders,	Sausage and Fruit	Smoothie	w/Fruit	Valentine's
Short Ribs	Soup, crackers and	Tortilla Chips and Fruit	Hot Dogs and Chips	Turkey Sandwich	Fish Sticks and Tater Tots	Day!
w/Mashed	Fruit	Chicken Enchiladas	London Broil	Creole Shrimp Pasta	w/Fruit	Surf and Turf
Potatoes and	Poached Salmon		w/Roasted Asparagus	w/Steamed Broccoli	Sloppy Joes	for Lovers
Roasted Brussels	w/Sautéed Spinach				w/Homemade Potato	
Sprouts					Chips	
15	16	17	18	19	20	21
Sausage Breakfast	Blueberry Waffles	English Muffins	Cereal and Fruit	Croissants, Chicken	Grits, Eggs, and Fruit	Cereal and Fruit
Casserole	w/Chicken Sausage	w/Turkey Bacon, Eggs &	Ham Sandwich w/Chips	Sausage and Fruit	Pizza and Celery Sticks	
Homemade	Grilled Cheese & Fruit	Fruit	Meatloaf w/Mashed	Chicken Quesadilla	w/Ranch	Kids Choice
Chicken Noodle	Salt and Pepper	Crispy Chicken Tenders,	Potatoes and Peas	Pan-Seared Chicken Thighs	Fried Catfish Fingers	
Soup w/Crusty	Shrimp w/Jasmine	Tortilla Chips and Fruit		w/Lemon-Shallot Pan	w/Boardwalk Fries	Takeout
Garlic Bread	Rice	Turkey Chili		Sauce, Sautéed Spinach		
22	23	24	25	26	27	28
Brioche French	Pancakes w/Turkey	Oatmeal and Fruit	Toast w/Chicken	Bran Muffins w/Fruit	French Toast Sticks	Bacon, Eggs,
Toast	Bacon and Fruit	Baked Chicken Tenders,	Sausage and Fruit	Smoothie	w/Fruit	Hash Browns
Old Fashioned Beef	Soup, crackers and	Tortilla Chips and Fruit	Hot Dogs and Chips	Turkey Sandwich	Fish Sticks and Tater Tots	
Stew w/Honey	Fruit	Chicken Fried Rice	Garlic Shrimp Linguine	Honey Mustard Chicken	Broiled New York Strip	Kids Choice
Butter Cornbread	Parmesan Crusted Cod		w/Steamed Asparagus		w/Peppercorn Sauce and	
	w/Steamed Spinach				Garlic Roasted Broccoli	Takeout
March 1	2	3	4	5	6	7
Steak and Eggs	Blueberry Waffles	English Muffins	Cereal and Fruit	Biscuits, Chicken Sausage	Grits, Bacon, Eggs and	Cereal and Fruit
Skillet	w/Chicken Sausage	w/Turkey Bacon, Eggs	Ham Sandwich w/Chips	and Fruit	Fruit	Vide Cheire
Barbecue Chicken	and Fruit	and Fruit	Seared Chicken Breasts	Grilled Chicken Salad	Pizza and Celery Sticks	Kids Choice
w/Collard Greens	Grilled Cheese and	Crispy Chicken Tenders,	w/Pan Gravy and Green	Cheesy Beef and Macaroni	w/Ranch Lobster Roll	Takaaut
and Baked	Fruit Pan Fried Park Chans	Tortilla Chips and Fruit	Beans	Bake		Takeout
Macaroni and	Pan Fried Pork Chops	Taco Tuesday!			w/Homemade Potato	
Cheese	w/Rice and Gravy				Chips	